

The Ryan Patrick Kishbaugh Memorial Foundation

The Ryan Patrick Kishbaugh Memorial Foundation is a 501 (c) (3) non profit organization with public charity status. The foundation was formed to honor the memory of Ryan Patrick Kishbaugh. Ryan was an extraordinary young man who was diagnosed with cancer during his senior year in high school. He could have chosen a passive course and allowed his illness to dictate how he would live his life, but instead chose to face cancer head-on and continue going to school, playing sports and being involved in community activities. Ryan chose to make a difference with the allotted time he was given on this earth. He died at the age of 18 from complications of a bone marrow transplant on 1/3/2003 after a valiant 15 month battle with cancer. He loved life and lived it to the fullest. **Proceeds from the run will go to Ryan's Foundation, Friends of the Cancer Center of the Cape Fear Valley Health Foundation and other charities providing services to children.**

Race Information

Location: The race will start and finish at the Medical Arts Parking Lot Entrance on Hay Street, downtown Fayetteville. 101 Robeson Street.

Route: The 5K Run/walk will go up Haymount Hill, turn right on Woodside Ave., Left on West Rowan Street, right on Oakridge, left on Woodland Dr. U-turn and return back to the start. There will be two water stations along the route.

USATF Course certification #NC-07033-PH

Race Information

Timing: Timing is provided.

Awards: Presented to the top overall male and female finisher and the top three male and female finishers in the following age divisions: 13-19, 20-29, 30-39, 40-49, 50-59 and 60 and over. All under 13 participants receive a finishers award. Prizes awarded to the top three pet finishers and their owners, top three families finishers, best costumed runners and top three strollers and runners and best decorated strollers.

Team Trophy: Presented to the school, club or organization with the largest number of participants. Include name of organization on entry form. Minimum of 6 entries to be considered a group. Not based on time but on number of registrants.

Race Schedule

5-8PM Friday 12/17/10 Packet Pick-up and Registration. Breezewood Family Healthcare, 200 Forsythe Street Fayetteville, NC 28303

7:00 AM Sat 12/18/10 Packet Pick-up and race day registration

8:30 AM Start of 5K Run/walk

10:00 AM Awards Presentation

****Children in strollers no charge. Children under 13 free if running with a participating adult but does not include a T-shirt. Pets on leash allowed but must be controlled at all times including waste clean-up by owner. Runners with pets may be asked to leave if the pets are causing a disturbance. Runners with pets and runners with strollers will be asked to start in the back.**

Registration Form

Name _____
Address _____
City _____ State _____ Zip _____
Home Phone _____ Cell _____
Email _____
Age on Race Day _____ Date of Birth _____
Male _____ Female _____
Group Name for Team Trophy _____

Adult T-Shirt size (please circle): S, M, L, XL
Youth T-shirt size (please circle): YS, YM, YL

Entry Fee \$25.00 Individual Runner/Walker
\$75.00 Family of 4 (includes 4 T-shirts)

Family registrants will not be eligible for individual prizes but will be eligible for the family prize. Please complete a separate registration form for each participating family member.

Registration fee includes a T-shirt (long sleeved and reindeer ears while they last).

**Registration form must be received by
December 3 to guarantee a T-shirt, ears and
goodie bag.**

Individual Runner/walker (\$25) \$ _____
Family Entry (\$75/4 people) \$ _____
Extra T-shirts @ \$12 each \$ _____

Optional Tax Deductible donation \$ _____

Total Amount enclosed \$ _____

Make checks payable to:

The Ryan P. Kishbaugh Memorial Foundation
Mail to:
PO Box 58034 Fayetteville, NC 28305

**Please make sure to sign waiver and release
on back of form.**

**Please Do not mail after December 11, 2010.
Call 910-323-0520 with any questions or
email: rkishbaugh@nc.rr.com Registration
available on www.runbecauseyoucan.com or
www.active.com**